



**Pulai Springs Resort
Johor, Malaysia**

'Golf Schools In Paradise'

Package II

**One Day Learning Package
Beginners - Intermediate - Advanced**

Morning

9.00 am Meet Alan Murray and Garry Overy at Pulai Springs Resort

Beginners

Intermediate - Advanced

Session 1 Introduction To The Game
> Equipment - Courses - History

Session 1 Supervised Hitting At Range
> Various clubs
> including video analysis and advisory

Session 2 Imaging The Golf Swing Motion
> Begin to learn the grip
> Stance - swing with short irons

Session 2 Begin Corrections
> Individual attention to programs

Session 3 Short Game Fundamentals
> Putting - chipping - pitching
> Bunkers
> The 3 golden rules
> Including technique - judgment

Session 3 Short Game
> All shots

Session 4 Video Analysis / Advisory
> Short / mid-irons

Session 4 More Distance
Driver & Fairway Wood
> Analysing the woods for
greater distance and accuracy

Noon Lunch

Noon Lunch

Program II

One Day Learning Program

Beginners - Intermediate - Advanced

Afternoon

Session 5 Full Swing Explanation
> Including theory / practical
> Ball flight laws
> Tempo - timing

Session 5 Mid-Long Irons
> On-Course strategy

Session 6 Driver - Fairway Woods
> Introduction

Session 6 Ball Flight Laws
> The four bad shots

Session 7 Yoga - Golfrobics Drills
> Training devices
> (golf course walk)

Session 7 Yoga - Golfrobics
> Drills and training devices

Session 8 Equipment Advisory
> Rules & Etiquette
> Proficiency Certificate
> Handicap advisory

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5.00 pm Presentation of Certificate
of Participation (level 5)

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of Participation

Beginners are advised to
move onto the Advanced
programs in 1 -4 day golf schools

Intermediate / Advanced Golfers
are advised to move onto 1 - 4 day
golf schools